

Locking-free mixed finite element methods for nonlinear shells

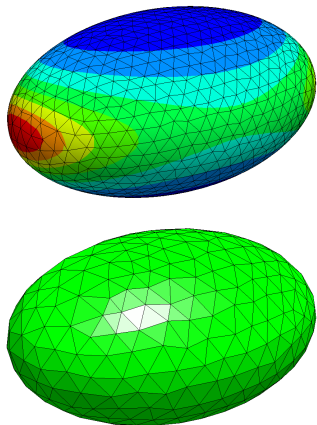
Michael Neunteufel (Portland State University)

Joachim Schöberl (TU Wien)

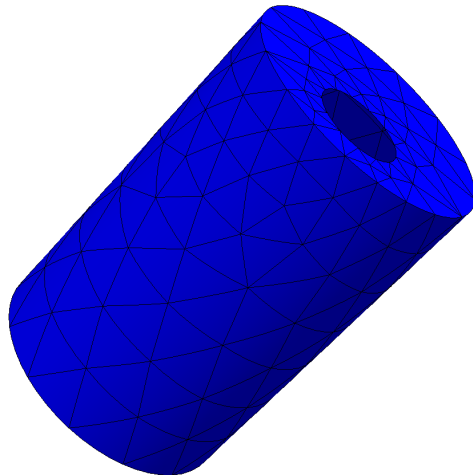


University of Minnesota Duluth, Duluth (MN), Oct 21, 2025

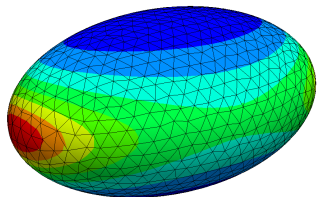
Approximate curvature of non-smooth surfaces



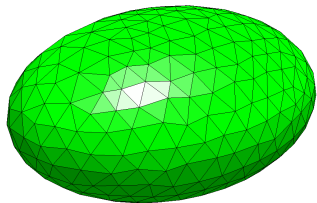
Thin-walled structures (shells)

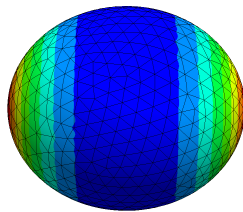
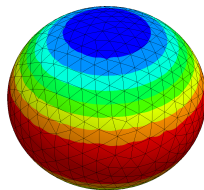
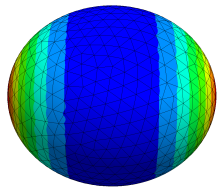


Approximate curvature of non-smooth surfaces



Thin-walled structures (shells)





Elasticity & thin-walled structures

Differential geometry

Nonlinear shells

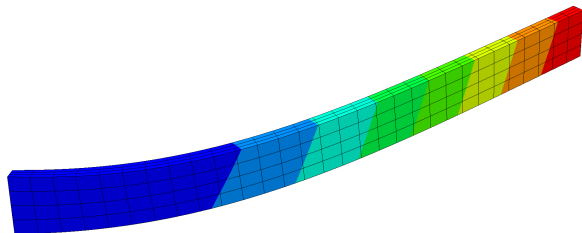
Membrane locking

Numerical examples

Elasticity & thin-walled structures

Deformation

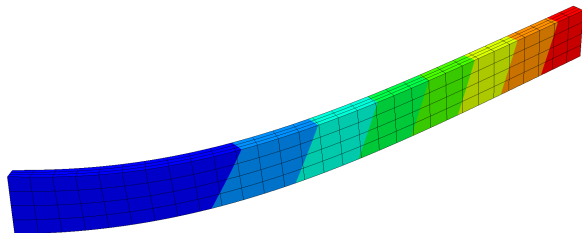
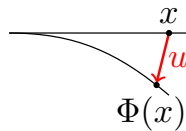
$$\Phi : \Omega \rightarrow \mathbb{R}^3$$



Deformation
Displacement

$$\Phi : \Omega \rightarrow \mathbb{R}^3$$

$$u := \Phi - id$$



Deformation

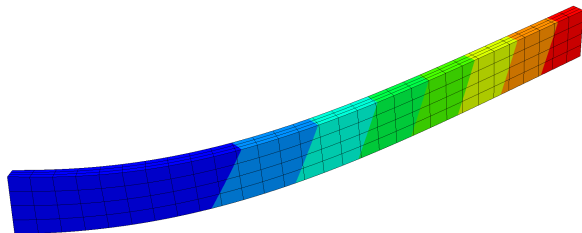
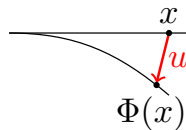
$$\Phi : \Omega \rightarrow \mathbb{R}^3$$

Displacement

$$u := \Phi - id$$

Deformation gradient

$$\mathbf{F} := \nabla \Phi$$



Deformation

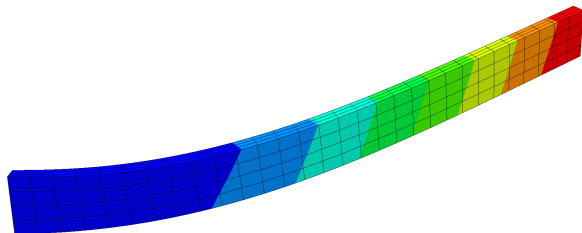
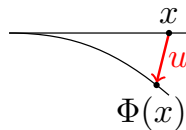
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$$\mathbf{F} := \mathbf{I} + \nabla u$$



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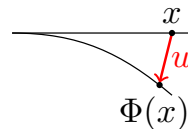
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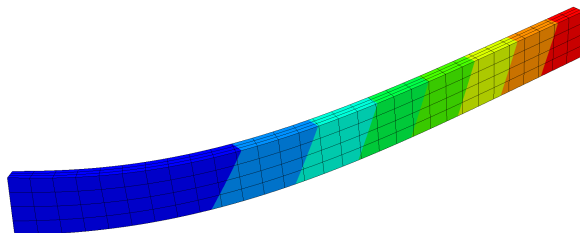
$$\mathbf{F} := \mathbf{I} + \nabla u$$

Cauchy-Green strain tensor

$$\mathbf{C} := \mathbf{F}^T \mathbf{F} = \mathbf{I} + \nabla u + \nabla u^T + \nabla u^T \nabla u$$



$$\Delta x^T \Delta x = \Delta X^T \mathbf{C} \Delta X$$



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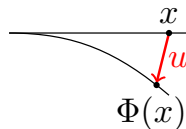
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Green strain tensor

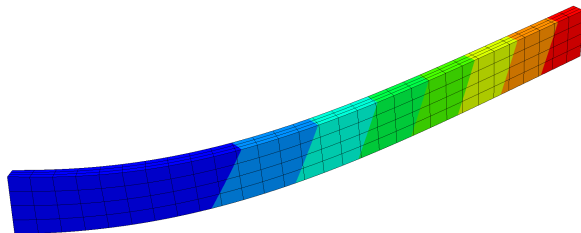
$$\mathbf{E} := \frac{1}{2}(\mathbf{C} - \mathbf{I}) = \frac{1}{2}(\nabla u + \nabla u^T + \nabla u^T \nabla u)$$

Linearized strain

$$\varepsilon := \text{sym}(\nabla u) = \frac{1}{2}(\nabla u + \nabla u^T)$$



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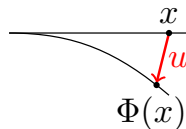
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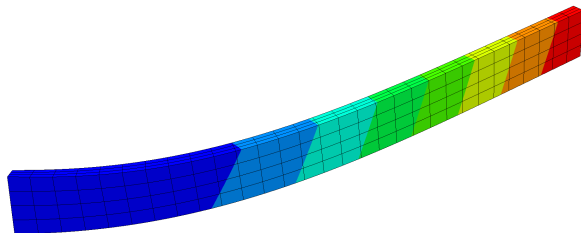
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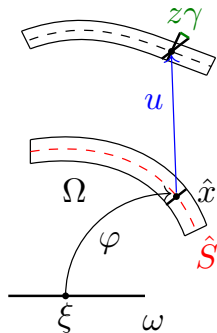
Elasticity

$$\mathcal{W}(u) = \frac{1}{2} \|\mathbf{E}\|_{\mathbf{M}}^2 - \langle f, u \rangle \rightarrow \min!_{u \in V}$$

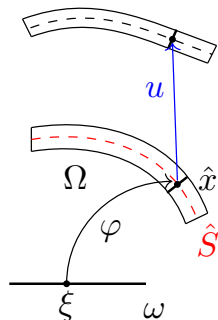




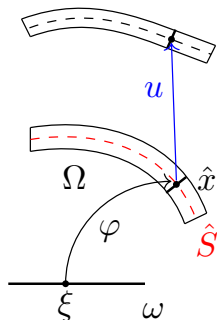
- Reduce 3D elasticity to 2D shell model



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- $\Omega = \{\varphi(\xi) + z\hat{\nu}(\xi) : \xi \in \omega, z \in [-\frac{t}{2}, \frac{t}{2}]\}$
- $\Phi(\hat{x} + z\hat{\nu}(\xi)) = \underbrace{\phi(\hat{x})}_{=\hat{x}+u(\hat{x})} + z \underbrace{(\nu + \gamma) \circ \phi(\hat{x})}_{=\tilde{\nu} \circ \phi}$
- **Reissner-Mindlin/Naghdi** shell



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- Insert Φ in 3D elasticity and integrate over thickness, neglect higher order terms $\mathcal{O}(t^4)$ (asymptotical analysis)

$$\mathcal{W}(u) = \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 + \frac{t^3}{24} \|\mathbf{F}^T \nabla(\nu \circ \phi) - \nabla \hat{\nu}\|_{\mathbb{M}}^2$$

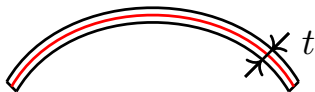
$u \dots$ displacement of mid-surface

$t \dots$ thickness

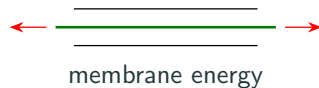
$\mathbb{M} \dots$ material tensor

$$\mathbf{F} = \nabla u + \mathbf{P} = \nabla \phi, \quad \mathbf{P} = \mathbf{I} - \hat{\nu} \otimes \hat{\nu}$$

$$\mathbf{E} = \frac{1}{2}(\mathbf{F}^T \mathbf{F} - \mathbf{P}) = \frac{1}{2}(\nabla u^T \nabla u + \nabla u^T \mathbf{P} + \mathbf{P} \nabla u)$$



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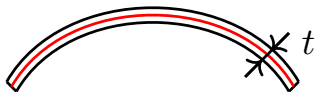
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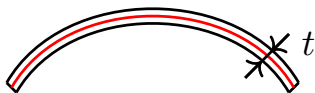
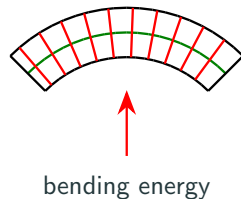
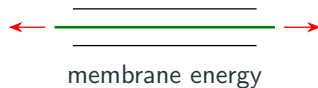
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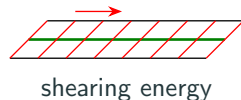
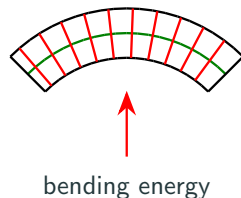
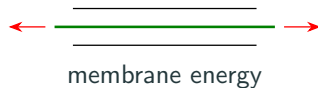
$$\mathcal{W}(u, \gamma) = \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 + \frac{t^3}{24} \|\text{sym}(\mathbf{F}^T \nabla(\tilde{\nu} \circ \phi)) - \nabla \hat{\nu}\|_{\mathbb{M}}^2 \\ + \frac{t\kappa G}{2} \|\mathbf{F}^T \tilde{\nu} \circ \phi\|^2$$

γ ... shearing

$\tilde{\nu} = \frac{\nu + \gamma}{\|\nu + \gamma\|}$... director

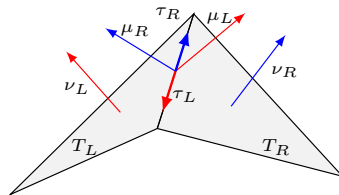
G ... shearing modulus

$\kappa = 5/6$... shear correction factor

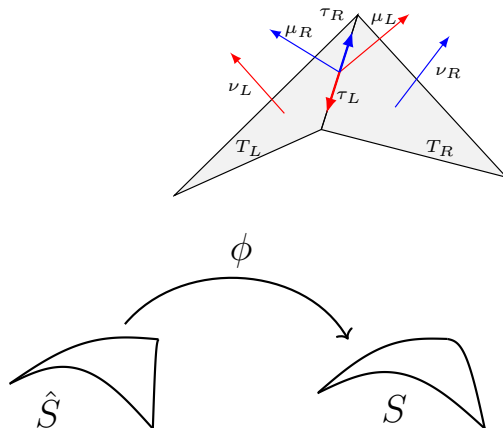


Differential geometry

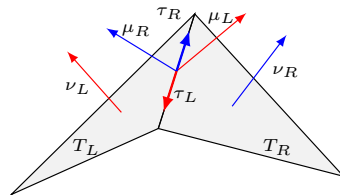
- Normal vector ν
Tangent vector τ
Element normal vector $\mu = \nu \times \tau$



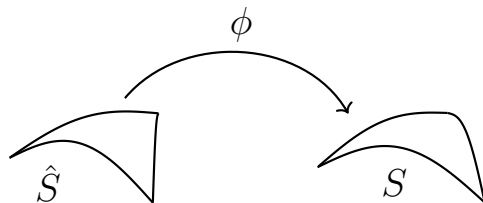
- Normal vector $\hat{\nu}$
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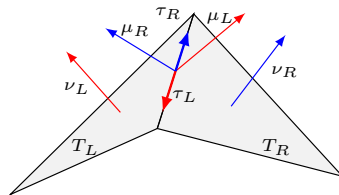
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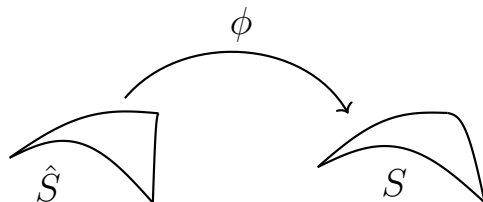
- $\mathbf{F} = \nabla_{\hat{\tau}} \phi$, $J = \sqrt{\det(\mathbf{F}^\top \mathbf{F})}$



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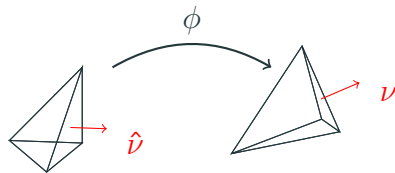
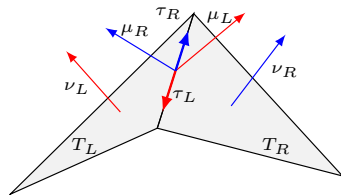


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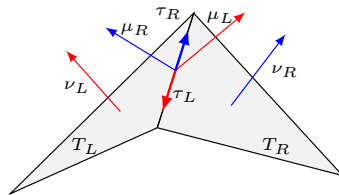


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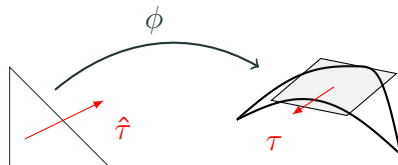
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 $\tau \circ \phi = \frac{1}{J_B} \mathbf{F} \hat{\tau}$
 $\mu \circ \phi = \nu \circ \phi \times \tau \circ \phi$



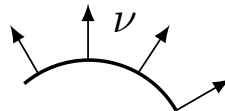
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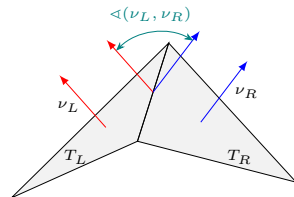
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- Change of normal vector measures curvature $\nabla \nu$

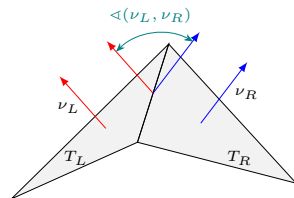


- Change of normal vector measures curvature $\nabla \nu$
- How to define $\nabla \nu$ for discrete surface?



 GRINSUN, GINGOLD, REISMAN, ZORIN: Computing discrete shape operators on general meshes, *Computer Graphics Forum* (2006).

- Change of normal vector measures curvature $\nabla \nu$
- How to define $\nabla \nu$ for discrete surface?



- Sobolev perspective: $\nu \notin H^1$, but $\nu \in L^2$
- $\nabla \nu \notin L^2$, it is a distribution (or measure)
- Define **distributional Weingarten tensor** ($\Psi_{\mu\mu} = (\Psi\mu) \cdot \mu$)

$$\langle \nabla \nu, \Psi \rangle_{\mathcal{T}} = \sum_{T \in \mathcal{T}} \int_T \nabla \nu : \Psi \, da + \sum_{E \in \mathcal{E}^{\text{int}}} \int_E \angle(\nu_L, \nu_R) \Psi_{\mu\mu} \, dl$$

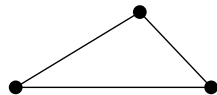
- Test function Ψ symmetric, normal-normal continuous $\Rightarrow$ Hellan–Herrmann–Johnson finite elements

 N., SCHÖBERL, STURM, Numerical shape optimization of Canham-Helfrich-Evans bending energy, *J. Comput. Phys.* (2023).

Lagrange finite elements:

$$H^1(\Omega) = \{u \in L^2(\Omega) \mid \nabla u \in [L^2(\Omega)]^d\}$$

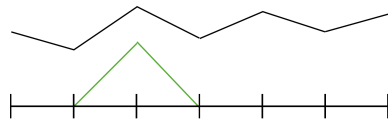
$$\mathcal{L}_h^k(\mathcal{T}_h) = \mathcal{P}^k(\mathcal{T}_h) \cap C(\Omega) \subset H^1(\Omega)$$



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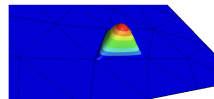
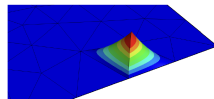
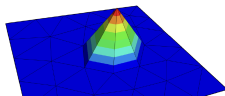
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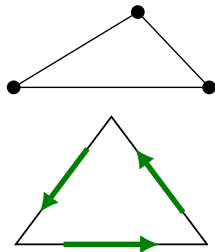
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Nédélec finite elements:

$$H(\text{curl}, \Omega) = \{\sigma \in [L^2(\Omega)]^d \mid \text{curl} \sigma \in [L^2(\Omega)]^{2d-3}\}$$

$$\mathcal{N}_{ll}^k = \{\sigma \in [\mathcal{P}^k(\mathcal{T}_h)]^d \mid \llbracket \sigma_\tau \rrbracket_F = 0\} \subset H(\text{curl}, \Omega)$$



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Nédélec finite elements:

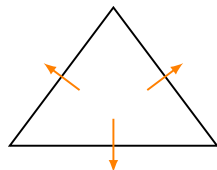
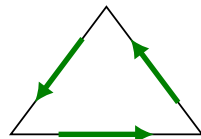
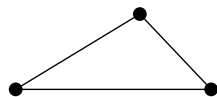
$$H(\text{curl}, \Omega) = \{\sigma \in [L^2(\Omega)]^d \mid \text{curl} \sigma \in [L^2(\Omega)]^{2d-3}\}$$

$$\mathcal{N}_{ll}^k = \{\sigma \in [\mathcal{P}^k(\mathcal{T}_h)]^d \mid \llbracket \sigma_\tau \rrbracket_F = 0\} \subset H(\text{curl}, \Omega)$$

Raviart-Thomas/Brezzi-Douglas-Marini elements:

$$H(\text{div}, \Omega) = \{\sigma \in [L^2(\Omega)]^d \mid \text{div} \sigma \in L^2(\Omega)\}$$

$$\text{BDM}^k = \{\sigma \in [\mathcal{P}^k(\mathcal{T}_h)]^d \mid \llbracket \sigma_n \rrbracket_F = 0\} \subset H(\text{div}, \Omega)$$



Lagrange finite elements:

$$H^1(\Omega) = \{u \in L^2(\Omega) \mid \nabla u \in [L^2(\Omega)]^d\}$$

$$\mathcal{L}_h^k(\mathcal{T}_h) = \mathcal{P}^k(\mathcal{T}_h) \cap C(\Omega) \subset H^1(\Omega)$$

Nédélec finite elements:

$$H(\text{curl}, \Omega) = \{\sigma \in [L^2(\Omega)]^d \mid \text{curl} \sigma \in [L^2(\Omega)]^{2d-3}\}$$

$$\mathcal{N}_{II}^k = \{\sigma \in [\mathcal{P}^k(\mathcal{T}_h)]^d \mid \llbracket \sigma_\tau \rrbracket_F = 0\} \subset H(\text{curl}, \Omega)$$

Raviart-Thomas/Brezzi-Douglas-Marini elements:

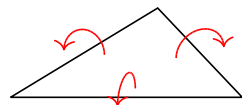
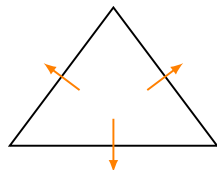
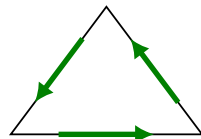
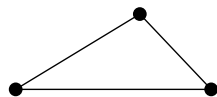
$$H(\text{div}, \Omega) = \{\sigma \in [L^2(\Omega)]^d \mid \text{div} \sigma \in L^2(\Omega)\}$$

$$\text{BDM}^k = \{\sigma \in [\mathcal{P}^k(\mathcal{T}_h)]^d \mid \llbracket \sigma_n \rrbracket_F = 0\} \subset H(\text{div}, \Omega)$$

Hellan-Herrmann-Johnson finite elements:

$$H(\text{divdiv}, \Omega) = \{\sigma \in [L^2(\Omega)]_{\text{sym}}^{d \times d} \mid \text{div} \text{div} \sigma \in H^{-1}(\Omega)\}$$

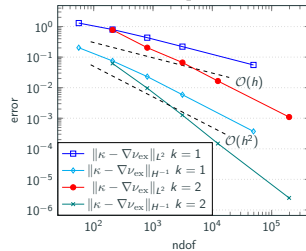
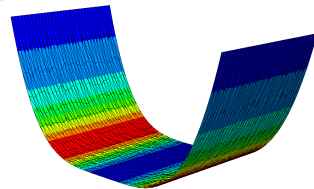
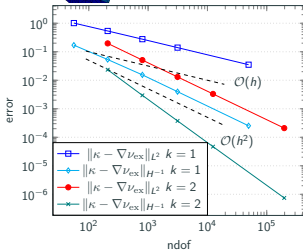
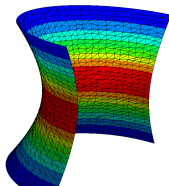
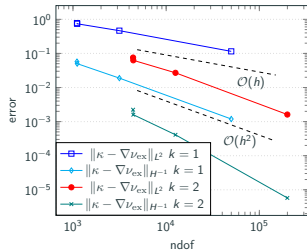
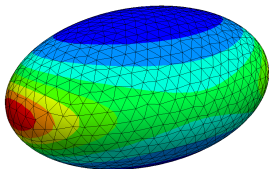
$$\mathcal{M}_h^k(\mathcal{T}_h) = \{\sigma \in [\mathcal{P}^k(\mathcal{T}_h)]_{\text{sym}}^{d \times d} \mid \llbracket n^T \sigma n \rrbracket_F = 0\}$$



Lifting of distributional Weingarten tensor

Find $\kappa \in \Sigma_h^{k-1}$ for $\mathcal{T}$ with curving order k such that for all $\sigma \in \Sigma_h^{k-1}$

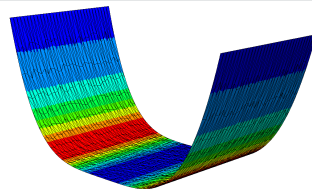
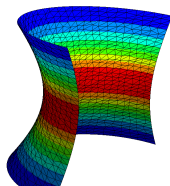
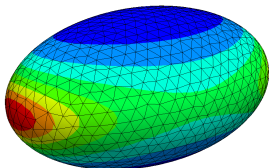
$$\int_{\mathcal{T}} \kappa : \sigma \, da = \langle \nabla \nu, \sigma \rangle_{\mathcal{T}}.$$



Lifting of distributional Weingarten tensor

Find $\kappa \in \Sigma_h^{k-1}$ for $\mathcal{T}$ with curving order k such that for all $\sigma \in \Sigma_h^{k-1}$

$$\int_{\mathcal{T}} \kappa : \sigma \, da = \langle \nabla \nu, \sigma \rangle_{\mathcal{T}}.$$



- Numerical analysis: WIP

 GOPALAKRISHNAN, N.: Analysis of generalized shape operator on surfaces (*in preparation*)

Canham–Helfrich–Evans energy:

$$\mathcal{W}(\mathcal{S}) = 2\kappa_b \int_{\mathcal{S}} (H - H_0)^2 ds$$

κ_b bending elastic constant

H mean curvature

$2H_0$ spontaneous curvature

Constraints:

$$|\Omega| = V_0, \quad |\mathcal{S}| = A_0, \quad V_0 \leq \frac{A_0^{\frac{3}{2}}}{6\sqrt{\pi}}$$

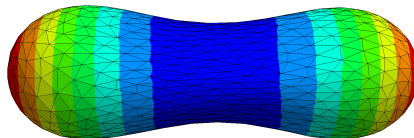
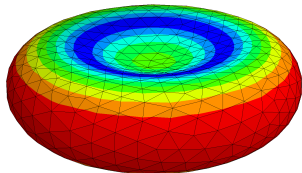
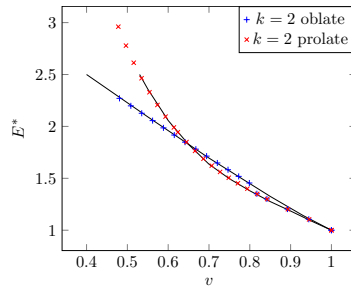
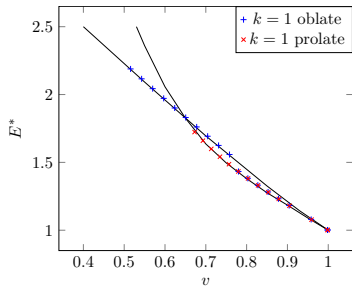
Functional:

$$\mathcal{J}(\mathcal{S}) = \mathcal{W}(\mathcal{S}) + c_A(|\mathcal{S}| - A_0)^2 + c_V(|\Omega| - V_0)^2$$

$$H = 0.5 \operatorname{tr}(\nabla \nu)$$

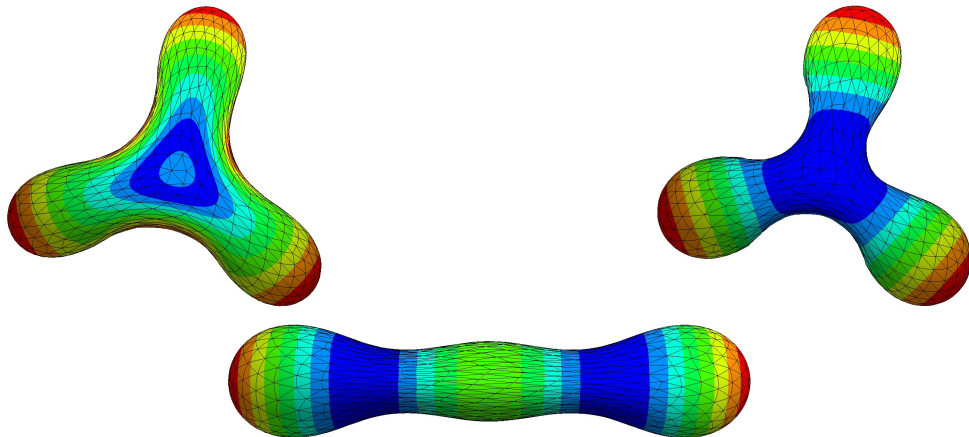
 N., SCHÖBERL, STURM, Numerical shape optimization of Canham-Helfrich-Evans bending energy, *J. Comput. Phys.* (2023)

 GANGL, STURM, N., SCHÖBERL, Fully and Semi-Automated Shape Differentiation in NGSolve, *Structural and Multidisciplinary Optimization* (2021)



 SEIFERT, BERNDL, LIPOWSKY, Shape transformations of vesicles: Phase diagram for spontaneous-curvature and bilayer-coupling models, *Phys. Rev. A* (1991)

More complicated shapes with non-zero spontaneous curvature H_0 :



Nonlinear shells

$$\mathcal{W}(u) = \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 + \frac{t^3}{24} \|\mathbf{F}^T \nabla(\nu \circ \phi) - \nabla \hat{\nu}\|_{\mathbb{M}}^2$$

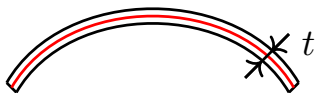
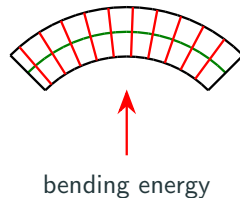
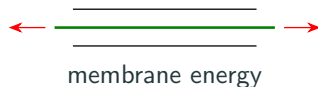
$u \dots$ displacement of mid-surface

$t \dots$ thickness

$\mathbb{M} \dots$ material tensor

$$\mathbf{F} = \nabla u + \mathbf{P} = \nabla \phi, \quad \mathbf{P} = \mathbf{I} - \hat{\nu} \otimes \hat{\nu}$$

$$\mathbf{E} = \frac{1}{2}(\mathbf{F}^T \mathbf{F} - \mathbf{P}) = \frac{1}{2}(\nabla u^T \nabla u + \nabla u^T \mathbf{P} + \mathbf{P} \nabla u)$$



$$\mathcal{W}(u) = \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 + \frac{t^3}{24} \|\mathbf{F}^T \nabla(\nu \circ \phi) - \nabla \hat{\nu}\|_{\mathbb{M}}^2$$

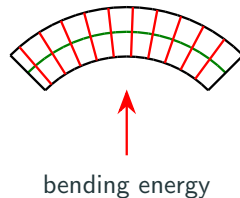
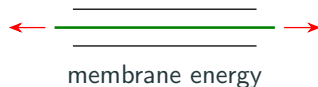
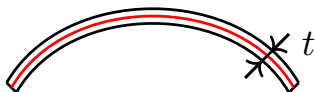
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- $\mathbf{F}^T \nabla(\nu \circ \phi) = f(\nabla^2 u)$
- Generalized curvature $\nabla \hat{\nu}$

Lifting:
$$\int_{\mathcal{T}_h} \kappa : \sigma \, dx = \sum_{T \in \mathcal{T}_h} \int_T \nabla \nu : \sigma \, dx + \sum_{E \in \mathcal{E}_h} \int_E \triangleleft(\nu_L, \nu_R) \sigma_{\mu\mu} \, ds$$

- Lifted curvature difference κ^{diff} via Hu–Washizu three-field formulation

$$\begin{aligned} \mathcal{L}(u, \kappa^{\text{diff}}, \sigma) = & \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 + \frac{t^3}{12} \|\kappa^{\text{diff}}\|_{\mathbb{M}}^2 - \langle f, u \rangle + \sum_{T \in \mathcal{T}_h} \int_T (\kappa^{\text{diff}} - (\mathbf{F}^T \nabla(\nu \circ \phi) - \nabla \hat{\nu})) : \sigma \, dx \\ & + \sum_{E \in \mathcal{E}_h} \int_E (\triangleleft(\nu_L, \nu_R) - \triangleleft(\hat{\nu}_L, \hat{\nu}_R)) \sigma_{\hat{\mu}\hat{\mu}} \, ds \end{aligned}$$

- Lagrange parameter $\sigma \in M_h^{k-1}$ **moment tensor**
- Eliminate $\kappa^{\text{diff}} \rightarrow$ Hellan–Reissner two-field formulation in (u, σ)

 N., SCHÖBERL: The Hellan–Herrmann–Johnson and TDNNS methods for linear and nonlinear shells, *Comput. Struct.* (2024)

Shell problem

Find $u \in [V_h^k]^3$ and $\sigma \in M_h^{k-1}$ for $(H_\nu := \sum_i (\nabla^2 u_i) \nu_i)$

$$\begin{aligned} \mathcal{L}(u, \sigma) = & \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 - \frac{6}{t^3} \|\sigma\|_{\mathbb{M}^{-1}}^2 - \langle f, u \rangle \\ & + \sum_{T \in \mathcal{T}_h} \int_T \sigma : (H_\nu + (1 - \hat{\nu} \cdot \nu) \nabla \hat{\nu}) \, dx \\ & + \sum_{E \in \mathcal{E}_h} \int_E (\triangleleft(\nu_L, \nu_R) - \triangleleft(\hat{\nu}_L, \hat{\nu}_R)) \sigma_{\hat{\mu}\hat{\mu}} \, ds \end{aligned}$$

 N., SCHÖBERL: The Hellan–Herrmann–Johnson method for nonlinear shells, *Comput. Struct.* (2019).

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 N., SCHÖBERL: The Hellan–Herrmann–Johnson method for nonlinear shells, *Comput. Struct.* (2019).

Shell problem

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Use hybridization to eliminate $\sigma \rightarrow$ recover minimization problem

 N., SCHÖBERL: The Hellan–Herrmann–Johnson method for nonlinear shells, *Comput. Struct.* (2019).

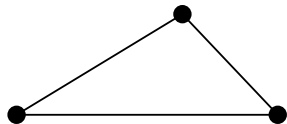
Shell problem

Find $u \in [V_h^k]^3$, $\sigma \in M_h^{\text{dc}, k-1}$, and $\alpha \in \Gamma_h^{k-1}$ for

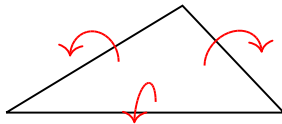
$$\begin{aligned} \mathcal{L}(u, \sigma, \alpha) = & \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 - \frac{6}{t^3} \|\sigma\|_{\mathbb{M}^{-1}}^2 - \langle f, u \rangle \\ & + \sum_{T \in \mathcal{T}_h} \int_T \sigma : (\mathbf{H}_\nu + (1 - \hat{\nu} \cdot \nu) \nabla \hat{\nu}) \, dx \\ & + \sum_{E \in \mathcal{E}_h} \int_E (\angle(\nu_L, \nu_R) - \angle(\hat{\nu}_L, \hat{\nu}_R)) \{ \{\sigma_{\hat{\mu}\hat{\mu}}\} \} + \llbracket \sigma_{\hat{\mu}\hat{\mu}} \rrbracket \alpha_{\hat{\mu}} \, ds \end{aligned}$$

$$\{ \{\sigma_{\hat{\mu}\hat{\mu}}\} \} = \frac{1}{2} ((\sigma_{\hat{\mu}\hat{\mu}})|_{T_L} + (\sigma_{\hat{\mu}\hat{\mu}})|_{T_R}), \quad \llbracket \sigma_{\hat{\mu}\hat{\mu}} \rrbracket = (\sigma_{\hat{\mu}\hat{\mu}})|_{T_L} - (\sigma_{\hat{\mu}\hat{\mu}})|_{T_R}$$

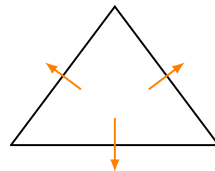
 N., SCHÖBERL: The Hellan–Herrmann–Johnson method for nonlinear shells, *Comput. Struct.* (2019).



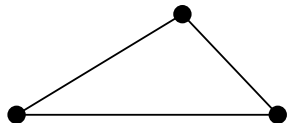
displacement u



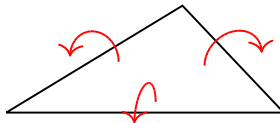
bending moment tensor σ



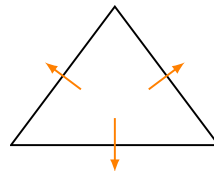
hybridization α



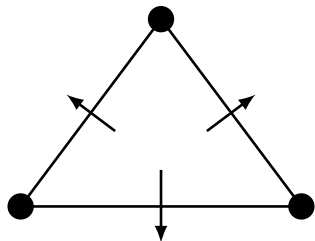
displacement u



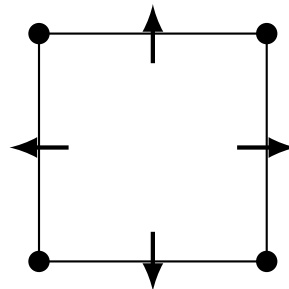
bending moment tensor σ



hybridization α



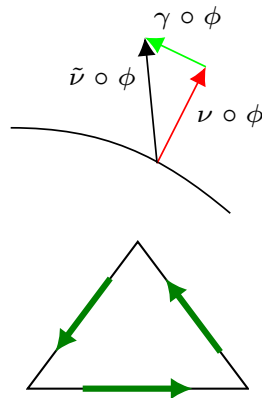
Morley element



- Use hierarchical shell model
- Additional shearing dofs γ in $H(\text{curl})$
- $\tilde{\nu} \circ \phi = \frac{\nu \circ \phi + \gamma \circ \phi}{\|\nu \circ \phi + \gamma \circ \phi\|}$
- Free of shear locking

$$H(\text{curl}) := \{u \in [L^2(\Omega)]^d \mid \text{curl } u \in [L^2(\Omega)]^{2d-3}\}$$

$$\mathcal{N}_h^k := \{u \in [\mathcal{P}^k(\mathcal{T}_h)]^d \mid u_t \text{ is continuous over elements}\}$$

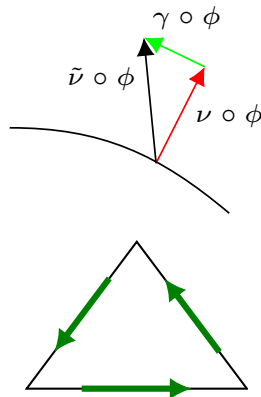


 ECHTER, R. AND OESTERLE, B. AND BISCHOFF, M.: A hierarchic family of isogeometric shell finite elements, *Comput. Methods Appl. Mech. Engrg.* (2013).

- Use hierarchical shell model
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- $\tilde{\nu} \circ \phi = \nu \circ \phi + \gamma \circ \phi = \frac{1}{j} \text{cof}(\mathbf{F}) \hat{\nu} + (\mathbf{F}^\dagger)^\top \hat{\gamma}$
- Free of shear locking

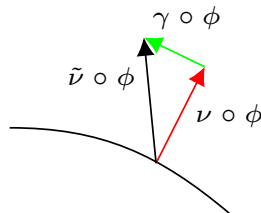
$$H(\text{curl}) := \{u \in [L^2(\Omega)]^d \mid \text{curl } u \in [L^2(\Omega)]^{2d-3}\}$$

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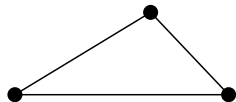


 ECHTER, R. AND OESTERLE, B. AND BISCHOFF, M.: A hierarchic family of isogeometric shell finite elements, *Comput. Methods Appl. Mech. Engrg.* (2013).

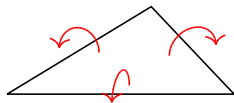
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- Free of shear locking



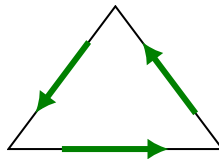
$$\begin{aligned}
 \mathcal{L}(u, \sigma, \hat{\gamma}) = & \frac{t}{2} \|\mathbf{E}(u)\|_{\mathbb{M}}^2 + \frac{t\kappa G}{2} \|\hat{\gamma}\|^2 - \frac{6}{t^3} \|\sigma\|_{\mathbb{M}^{-1}}^2 \\
 & + \sum_{T \in \mathcal{T}_h} \int_T (\mathbf{H}_{\tilde{\nu}} + (1 - \tilde{\nu} \cdot \hat{\nu}) \nabla \hat{\nu} - \nabla \hat{\gamma}) : \sigma \, dx \\
 & + \sum_{E \in \mathcal{E}_h} \int_E (\angle(\nu_L, \nu_R) - \angle(\hat{\nu}_L, \hat{\nu}_R) + \llbracket \hat{\gamma}_{\hat{\mu}} \rrbracket) \sigma_{\hat{\mu}\hat{\mu}} \, ds
 \end{aligned}$$



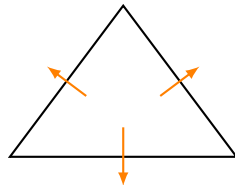
displacement u



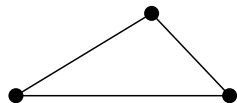
bending moment
tensor σ



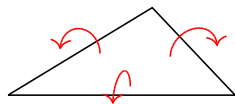
shear vector γ



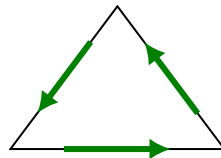
hybridization α



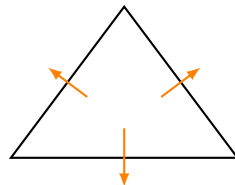
displacement u



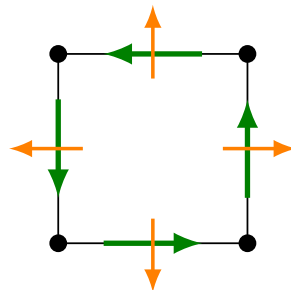
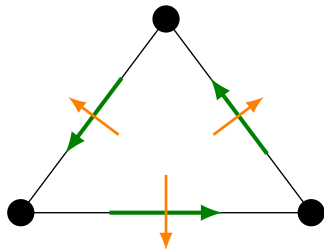
bending moment
tensor σ



shear vector γ



hybridization α



$$\mathcal{L}_{\text{lin}}^{\text{shell}}(u, \boldsymbol{\sigma}) = \frac{t}{2} \|\text{sym}(\nabla^{\text{cov}} u)\|_{\mathbb{M}}^2 - \frac{6}{t^3} \|\boldsymbol{\sigma}\|_{\mathbb{M}^{-1}}^2 + \sum_{T \in \mathcal{T}_h} \left(\int_T \mathbf{H}_{\hat{\nu}} : \boldsymbol{\sigma} \, dx - \int_{\partial T} (\nabla u^\top \hat{\nu})_{\hat{\mu}} \boldsymbol{\sigma}_{\hat{\mu}\hat{\mu}} \, ds \right)$$

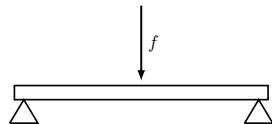
$$\mathcal{L}_{\text{lin}}^{\text{plate}}(w, \boldsymbol{\sigma}) = -\frac{6}{t^3} \|\boldsymbol{\sigma}\|_{\mathbb{M}^{-1}}^2 + \sum_{T \in \mathcal{T}_h} \left(\int_T \nabla^2 w : \boldsymbol{\sigma} \, dx - \int_{\partial T} \frac{\partial w}{\partial \hat{\mu}} \boldsymbol{\sigma}_{\hat{\mu}\hat{\mu}} \, ds \right)$$

$$\mathcal{L}_{\text{lin}}^{\text{shell}}(u, \boldsymbol{\sigma}) = \frac{t}{2} \|\text{sym}(\nabla^{\text{cov}} u)\|_{\mathbb{M}}^2 - \frac{6}{t^3} \|\boldsymbol{\sigma}\|_{\mathbb{M}^{-1}}^2 + \sum_{T \in \mathcal{T}_h} \left(\int_T \mathbf{H}_{\hat{\nu}} : \boldsymbol{\sigma} \, dx - \int_{\partial T} (\nabla u^\top \hat{\nu})_{\hat{\mu}} \boldsymbol{\sigma}_{\hat{\mu}\hat{\mu}} \, ds \right)$$

$$\mathcal{L}_{\text{lin}}^{\text{plate}}(w, \boldsymbol{\sigma}) = -\frac{6}{t^3} \|\boldsymbol{\sigma}\|_{\mathbb{M}^{-1}}^2 + \sum_{T \in \mathcal{T}_h} \left(\int_T \nabla^2 w : \boldsymbol{\sigma} \, dx - \int_{\partial T} \frac{\partial w}{\partial \hat{\mu}} \boldsymbol{\sigma}_{\hat{\mu}\hat{\mu}} \, ds \right)$$

Biharmonic plate equation:

$$\text{divdiv}(\mathbb{M} \nabla^2 w) = f \Leftrightarrow \begin{cases} \boldsymbol{\sigma} = \mathbb{M} \nabla^2 w, \\ \text{divdiv} \boldsymbol{\sigma} = f, \end{cases}$$



 M. COMODI: The Hellan-Herrmann-Johnson method: some new error estimates and postprocessing, *Math. Comp.* (1989)

$$\begin{aligned}\mathcal{L}_{\text{lin}}^{\text{shell}}(u, \sigma, \hat{\gamma}) &= \frac{t}{2} \|\text{sym}(\nabla^{\text{cov}} u)\|_{\mathbb{M}}^2 + \frac{t\kappa G}{2} \|\hat{\gamma}\|^2 - \frac{6}{t^3} \|\sigma\|_{\mathbb{M}^{-1}}^2 \\ &\quad + \sum_{T \in \mathcal{T}_h} \left(\int_T (\mathbf{H}_{\hat{\nu}} - \nabla \hat{\gamma}) : \sigma \, dx - \int_{\partial T} ((\nabla u^\top \hat{\nu})_{\hat{\mu}} - \hat{\gamma}_{\hat{\mu}}) \sigma_{\hat{\mu}\hat{\mu}} \, ds \right) \\ \mathcal{L}_{\text{lin}}^{\text{plate}}(w, \sigma, \hat{\gamma}) &= \frac{t\kappa G}{2} \|\hat{\gamma}\|^2 - \frac{6}{t^3} \|\sigma\|_{\mathbb{M}^{-1}}^2 \\ &\quad + \sum_{T \in \mathcal{T}_h} \left(\int_T (\nabla^2 w - \nabla \hat{\gamma}) : \sigma \, dx - \int_{\partial T} \left(\frac{\partial w}{\partial \hat{\mu}} - \hat{\gamma}_{\hat{\mu}} \right) \sigma_{\hat{\mu}\hat{\mu}} \, ds \right)\end{aligned}$$

 A. PECHSTEIN AND J. SCHÖBERL: The TDNNS method for Reissner-Mindlin plates, *J. Numer. Math.* (2017)

Membrane locking

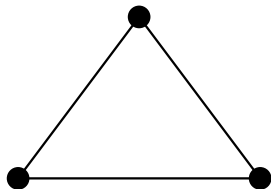
$$\mathcal{W}(u) = t E_{\text{mem}}(u) + t^3 E_{\text{bend}}(u) - f \cdot u, \quad f = t^3 \tilde{f}$$

$$\mathcal{W}(u) = t^{-2} E_{\text{mem}}(u) + E_{\text{bend}}(u) - \tilde{f} \cdot u, \quad f = t^3 \tilde{f}$$

Enforces $E_{\text{mem}}(u) = 0$ in the limit $t \rightarrow 0$

$$\mathcal{W}(u) = t^{-2} E_{\text{mem}}(u) + E_{\text{bend}}(u) - \tilde{f} \cdot u, \quad f = t^3 \tilde{f}$$

Enforces $E_{\text{mem}}(u) = 0$ in the limit $t \rightarrow 0$

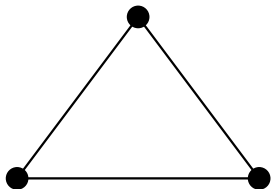


$$V_h = \mathcal{P}^k(\mathcal{T}_h) \cap C(\Omega) \subset H^1(\Omega)$$

$$\mathcal{W}(u) = t^{-2} E_{\text{mem}}(u) + E_{\text{bend}}(u) - \tilde{f} \cdot u, \quad f = t^3 \tilde{f}$$

Enforces $E_{\text{mem}}(u) = 0$ in the limit $t \rightarrow 0$

$$E_{\text{mem}}(u) = 0 \not\Rightarrow E_{\text{mem}}(u_h) = 0$$

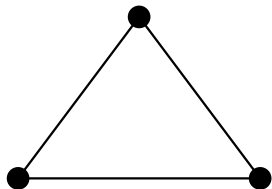


$$V_h = \mathcal{P}^k(\mathcal{T}_h) \cap C(\Omega) \subset H^1(\Omega)$$

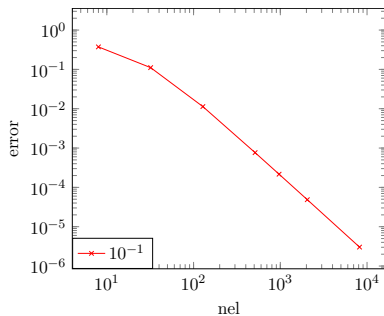
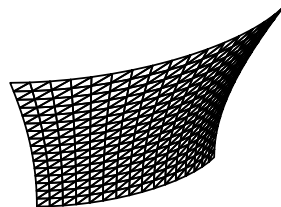
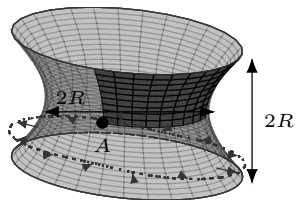
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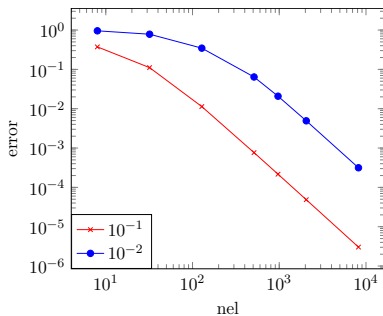
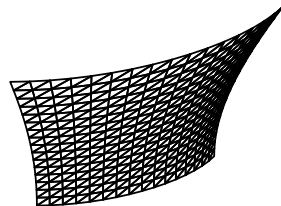
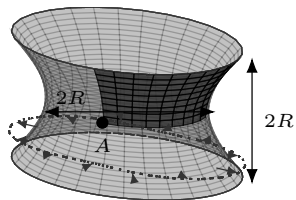
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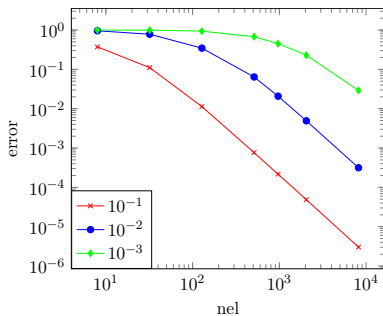
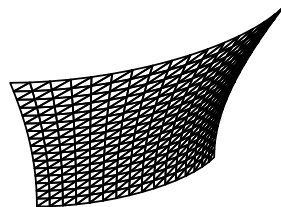
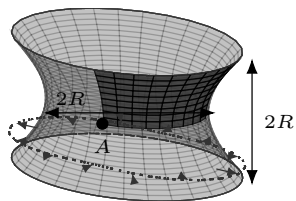


$$V_h = \mathcal{P}^k(\mathcal{T}_h) \cap C(\Omega) \subset H^1(\Omega)$$

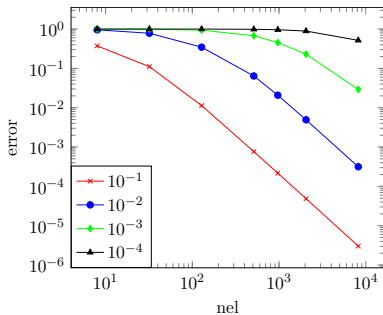
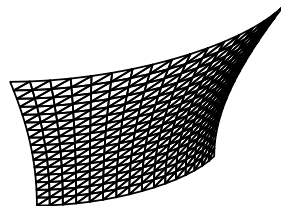
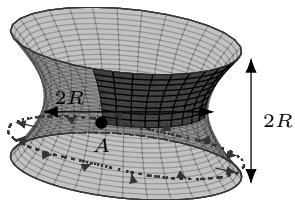




- Pre-asymptotic regime



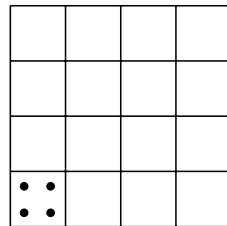
- Pre-asymptotic regime



- Pre-asymptotic regime

$$\frac{1}{t^2} \| \mathbf{E}(u_h) \|_{\mathbb{M}}^2$$

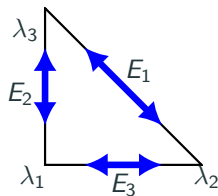
$$\frac{1}{t^2} \|\Pi_{L^2}^k \mathbf{E}(u_h)\|_{\mathbb{M}}^2$$



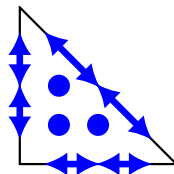
- Reduced integration for quadrilateral meshes

$$H(\text{curl curl}) := \{\sigma \in [L^2(\Omega)]_{\text{sym}}^{2 \times 2} \mid \text{curl curl } \sigma \in H^{-1}(\Omega)\}$$

$$\text{Reg}_h^k := \{\varepsilon \in [\mathcal{P}^k(\mathcal{T}_h)]_{\text{sym}}^{d \times d} \mid \llbracket t^\top \varepsilon t \rrbracket_E = 0 \text{ for all edges } E\}$$



$$\varphi_{E_i} = \nabla \lambda_j \odot \nabla \lambda_k, \quad t_j^\top \varphi_{E_i} t_j = c_i \delta_{ij},$$

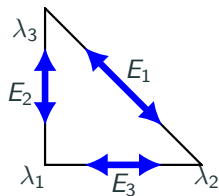


$$\varphi_{T_i} = \lambda_i \nabla \lambda_j \odot \nabla \lambda_k$$

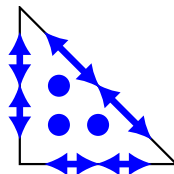
-  CHRISTIANSEN: On the linearization of Regge calculus, *Numerische Mathematik* (2011).
-  LI: Regge Finite Elements with Applications in Solid Mechanics and Relativity, *PhD thesis, University of Minnesota* (2018).
-  N.: Mixed Finite Element Methods For Nonlinear Continuum Mechanics And Shells, *PhD thesis, TU Wien* (2021).

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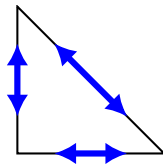
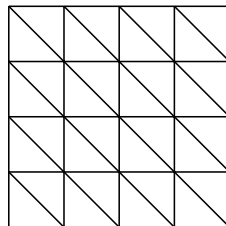
$$\varphi_{T_i} = \lambda_i \nabla \lambda_j \odot \nabla \lambda_k$$

$$\mathcal{R}_h^k : C^0(\Omega) \rightarrow \text{Reg}_h^k \quad \text{canonical interpolant}$$

$$\int_E (g - \mathcal{R}_h^k g)_{tt} q \, dl = 0 \text{ for all } q \in \mathcal{P}^k(E)$$

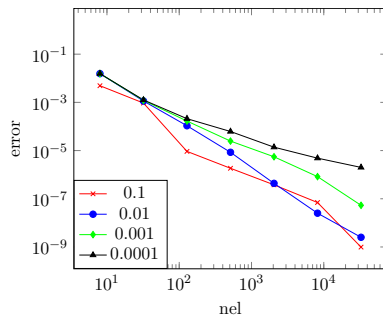
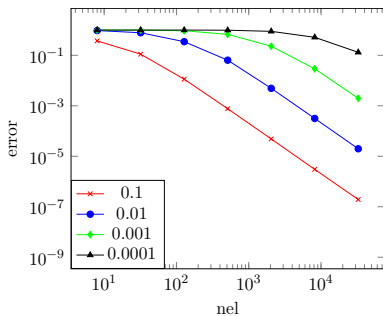
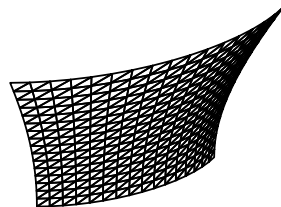
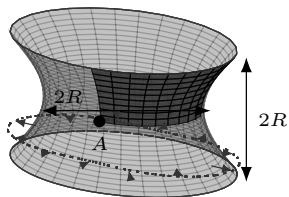
$$\int_T (g - \mathcal{R}_h^k g) : Q \, da = 0 \text{ for all } Q \in \mathcal{P}^{k-1}(T, \mathbb{R}_{\text{sym}}^{2 \times 2})$$

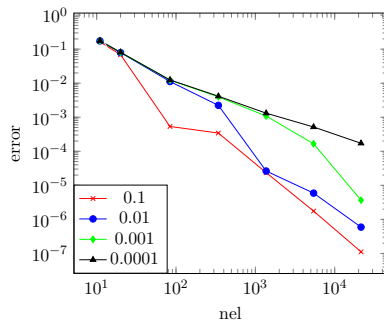
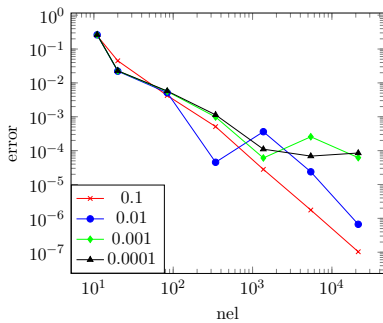
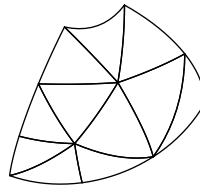
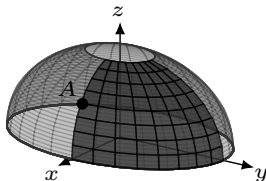
$$\frac{1}{t^2} \|\mathcal{I}_{\mathcal{R}}^k \mathbf{E}(u_h)\|_{\mathbf{M}}^2$$



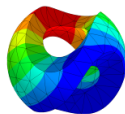
- Reduced integration for quadrilateral meshes
- Regge interpolant for triangles
- Connection to MITC shell elements

 N., SCHÖBERL: Avoiding membrane locking with Regge interpolation, *Comput. Methods Appl. Mech. Engrg.* (2021).

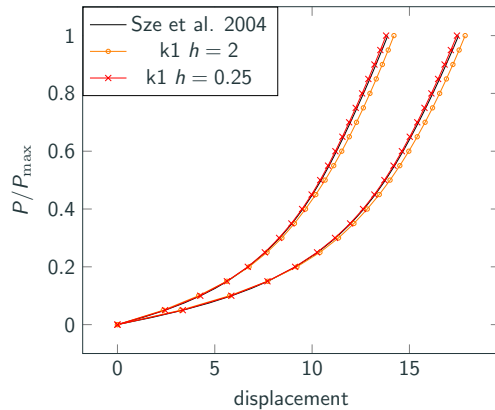
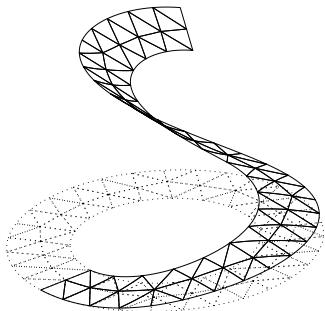
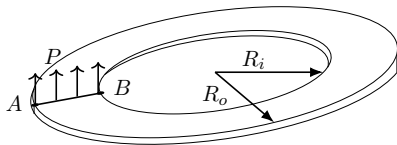


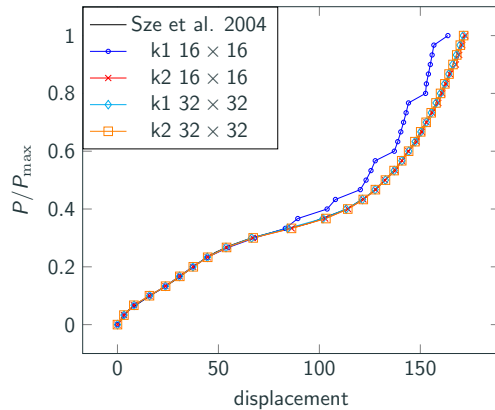
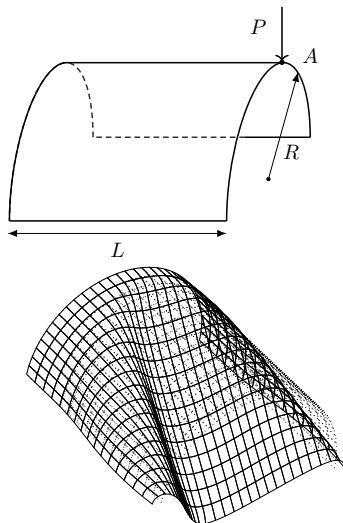


Numerical examples



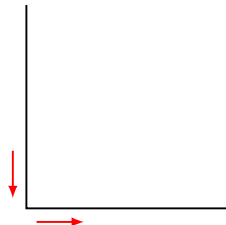
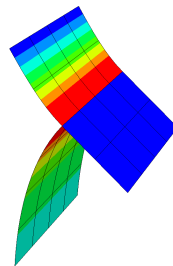
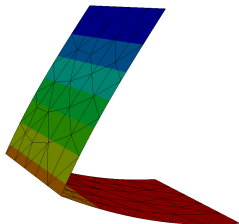
NGSolve



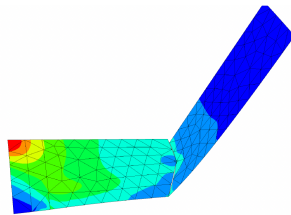
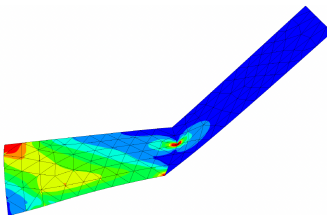
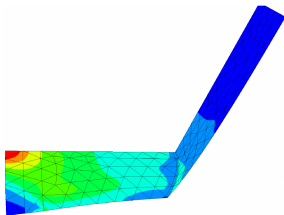
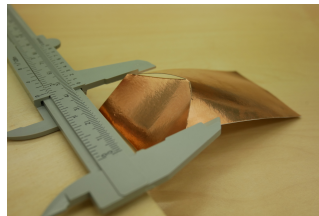
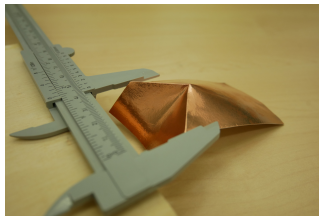
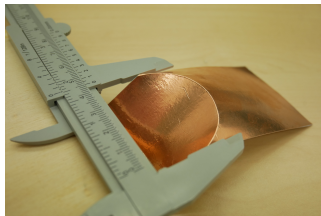


- Normal-normal continuous moment σ
- Preserve kinks
- Variation of $\mathcal{L}(u, \sigma)$ in direction $\delta\sigma$

$$\int_E (\langle \nu_L, \nu_R \rangle - \langle \hat{\nu}_L, \hat{\nu}_R \rangle) \delta \sigma_{\hat{\mu}\hat{\mu}} ds \stackrel{!}{=} 0 \quad \Rightarrow \quad \langle \nu_L, \nu_R \rangle - \langle \hat{\nu}_L, \hat{\nu}_R \rangle = 0$$

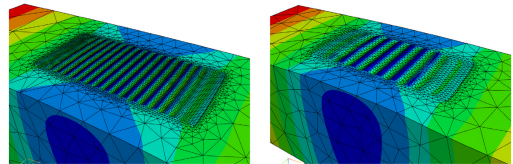
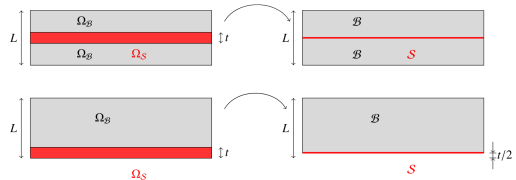
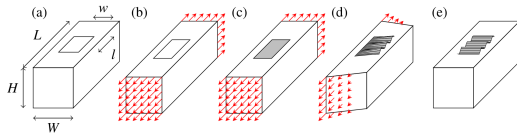


Isometry constraint $\mathbf{C} = \mathbf{I} \Rightarrow \mathbf{E} = 0$, i.e., zero membrane energy



BARTELS, BONITO, HORNING, N., Babuška's paradox in a nonlinear bending model,
arXiv:2503.17190

- Composite materials, blood vessels, etc.
- Lagrange elements for elasticity and shell displacement → easy to couple



 PECHSTEIN, N., Direct coupling of continuum and shell elements in large deformation problems, *Comput. Methods Appl. Mech. Engrg.* (2025)

- Locking-free shell elements
- Combine mixed FEM & differential geometry
- Generalized curvature
- Potential to couple shell models with different equations

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- Combine mixed FEM & differential geometry
- Generalized curvature
- Potential to couple shell models with different equations

Thank You for Your attention!

-  GOPALAKRISHNAN, N.: Analysis of generalized shape operator on surfaces (*in preparation*)
-  BARTELS, BONITO, HORNING, N., Babuška's paradox in a nonlinear bending model, *arXiv:2503.17190*
-  PECHSTEIN, N., Direct coupling of continuum and shell elements in large deformation problems, *Comput. Methods Appl. Mech. Engrg.* (2025)
-  N., SCHÖBERL: The Hellan–Herrmann–Johnson and TDNNS methods for linear and nonlinear shells, *Comput. Struct.* (2024)
-  N., SCHÖBERL, STURM, Numerical shape optimization of Canham-Helfrich-Evans bending energy, *J. Comput. Phys.* (2023)
-  N.: Mixed Finite Element Methods for Nonlinear Continuum Mechanics and Shells, *PhD thesis, TU Wien* (2021).
-  N., SCHÖBERL: Avoiding membrane locking with Regge interpolation, *Comput. Methods Appl. Mech. Engrg.* (2021).
-  N., SCHÖBERL: The Hellan–Herrmann–Johnson method for nonlinear shells, *Comput. Struct.* (2019)